

# Down Tow Up Flow

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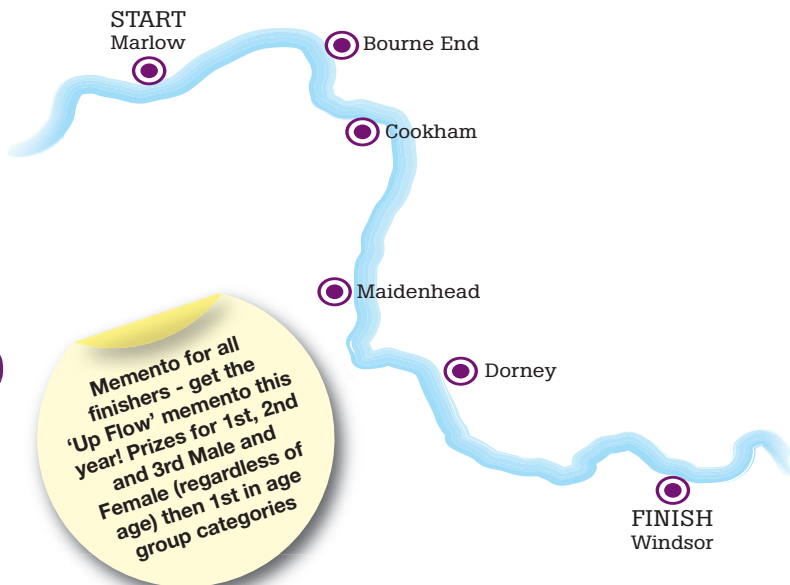
## Windsor to Marlow Multi-terrain Half Marathon

10am Sunday 25th July 2010

Start Windsor Leisure Centre, Stovell Road, Windsor, SL4 5JB

Run this gloriously scenic, flat, multi-terrain, point-to-point half marathon along the Thames towpath. Mainly traffic free.

This year it is 'Up Flow', therefore starting at Windsor and finishing in Marlow, taking in Maidenhead, Bourne End & Cookham along the way. Plenty of parking at either end. As it is a point-to-point, you can choose to park at the finish, take the bus provided (£5) to the start, run the race and your car will be waiting for you when you have finished! Water stations en-route. Refreshments by the river in Marlow afterwards, so bring the family!



Entry Fee	Affiliated	Unaffiliated
without transport	£16	£18
with transport	£21	£23
no entries on the day		



in association with

UKA race permit applied for. The race will be run according to UKA rules and regulations.

## Down Tow Up Flow Entry Form Windsor to Marlow Multi Terrain Half Marathon 25th July 2010

One form per entrant (photocopies accepted). Please return your entry form and fees by 17th July 2010. We reserve the right to close entries before this date if our limit is reached

Title _____	First Name _____	Surname _____
Address _____		Postcode _____
Age on Race Day _____	Date of Birth _____	Male <input type="checkbox"/> Female <input type="checkbox"/>
Affiliated Club Name _____	Team Name _____	
Expected Finishing Time _____	Transport Required (Marlow-Windsor, before the race only) Yes <input type="checkbox"/> No <input type="checkbox"/>	
Contact telephone number _____	Email address _____	

Please make cheques payable to Purple Patch Running Ltd and send to: **Purple Patch Running Ltd**, 23 York Road, Marlow, Bucks, SL7 2QB. Please include an sae. For further information email [info@purplepatchrunning.com](mailto:info@purplepatchrunning.com) or call **01628 474953**. Please be sure to use the correct postage and envelope size as we are unable to collect items not delivered due to surcharges.

### Terms and Conditions of Entry

- All entrants must be fit to take part and, if necessary, should seek advice from their GP
- Entrants must take care when crossing roads, although marshalling assistance may be given
- Whilst every reasonable care is taken, entrants cannot hold the organisers or landowners responsible for their safety
- All entrants must show consideration for other users of public footpaths and rights of way
- Entry fees are non-refundable
- The organisers reserve the right to withdraw entrants from the event and anyone that opts to continue does so entirely at their own risk

I understand and agree to abide by the Terms and Conditions of Entry

Signed \_\_\_\_\_ Date \_\_\_\_\_

Your details will be held by Purple Patch Running Ltd and not made available to third parties. If you would prefer us not to mail you with details of future events, please tick this box

**Purple Patch Running**

